

Mandarin Cove

COUNSELING

Relationship Happiness Quiz

Instructions: Answer every item true or false indicating the extent to which AT THIS TIME you agree or disagree with each statement.

Right now how do you feel?

1.	I feel emotionally close to my partner.	True	False
2.	I think that my partner really cares about me.	True	False
3.	I feel confident that we can deal with whatever problems or issues that might arise.	True	False
4.	I would consider myself happy in this relationship.	True	False
5.	I feel respected by my partner.	True	False
6.	I am committed to staying in this relationship.	True	False
7.	I have a great deal of respect and admiration for my partner.	True	False
8.	I find my partner very interesting.	True	False
9.	I feel that my partner finds me physically attractive.	True	False
10.	If I ever needed help I could count on my partner.	True	False
11.	My partner really tries hard to meet my needs.	True	False
12.	My partner really listens to me.	True	False
13.	I am satisfied with our sex life.	True	False
14.	I am confident we can handle any conflict that may arise between us.	True	False
15.	My partner shows pride in my accomplishments.	True	False
16.	I feel appreciated for what I contribute to this relationship.	True	False
17.	I really feel loved in this relationship.	True	False
18.	My partner really knows me well.	True	False
19.	My partner is one of my best friends.	True	False
20.	My partner loves my sense of humor.	True	False